

Nut cream pudding

Sweet

level 

 1

 25 min



Ingredients

100 ml	Fresubin Energy DRINK Vanilla
50 g	ground, roasted hazelnuts
1/2 tea- spoon	lemon juice (3 g)
40 g	cream (30% fat)
2 g	gelatine (1 sheet)
15 g	sugar

Nutritional information per serving:

Energy	668 kcal
Protein	16.4 g
Fat	49.0 g
Carbohydrate	38.0 g
Fibre	3.9 g



Alternative products:

Fresubin® Original DRINK
Fresubin® Energy Fibre DRINK
Fresubin® 2 kcal/Fibre DRINK
Fresubin® Protein Energy DRINK
Frebini® Energy Fibre DRINK

Preparation

Mix the sugar and the ground, roasted hazelnuts with half of the Fresubin Energy DRINK Vanilla, adding lemon juice to taste. Add the softened/ dissolved gelatine. Now fold in the whipped cream. Pour into a rinsed ramekin.

Once cooled, pour the rest of the Fresubin Energy DRINK Vanilla into a dessert bowl and turn out the pudding into it.

TIP:

Decorate with whipped cream and two walnut halves.